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20.9.–1.11.2025  
Navid Nuur  
MINDFUL MURMURATION

Jahn und Jahn  
Rua de São Bernardo 15  
1200-823 Lisboa

# Navid Nuur

Dear Jahn und Jahn,

You know, colour is a kind of dilemma. It breaks, it blends, it flows – and it never stands still. It's exactly that restlessness that draws me in. The way colour, once transformed into a semi-tangible matter, brings with it a unique kind of energy. Up close, you witness a collective play of tones; from a distance, it becomes a solid field. In darkness, it expands – yet even then, it resists being fixed or contained. Sometimes, it seems that colour itself doesn't know where it begins or ends.

Does colour have a structure? Can it feel like a surface? Can it un-speak a language? Should we stand up for colour? Is it a force we can summon, awaken, or breathe life into?

Colour lies almost like a first layer over everything we see – or think we see. As humans, we must learn to navigate this presence throughout our lives: to give it space, to process it, sometimes to ignore it – both physically and mentally. And yet, this constant dance brings me a strange kind of peace. Because colour doesn't define culture. Every colour is, at its core, neutral. It belongs to something larger – just as we do, in our own way.

There is meaning in the active, collective posture of colour – a meaning that reaches beyond our cultural interpretations. Perhaps even one that is more sustainable. When a body of colour is allowed to speak for itself, without being used as a mouthpiece for another agenda, true presence and dialogue can emerge.

This is a dialogue I've been engaged in for years – and it's time to bring together a series of works that embody it. Where colour is allowed to slow down. In works that weave themselves into the urban, the collective, or the intimate inner gaze of the human being. Works that call on diverse materials – and even on the city of Munich itself – to bring colour to life in ways the viewer can listen to, with both body and mind.

GRTSZ Navid

(excerpts from an e-mail to Jahn und Jahn by Navid Nuur)

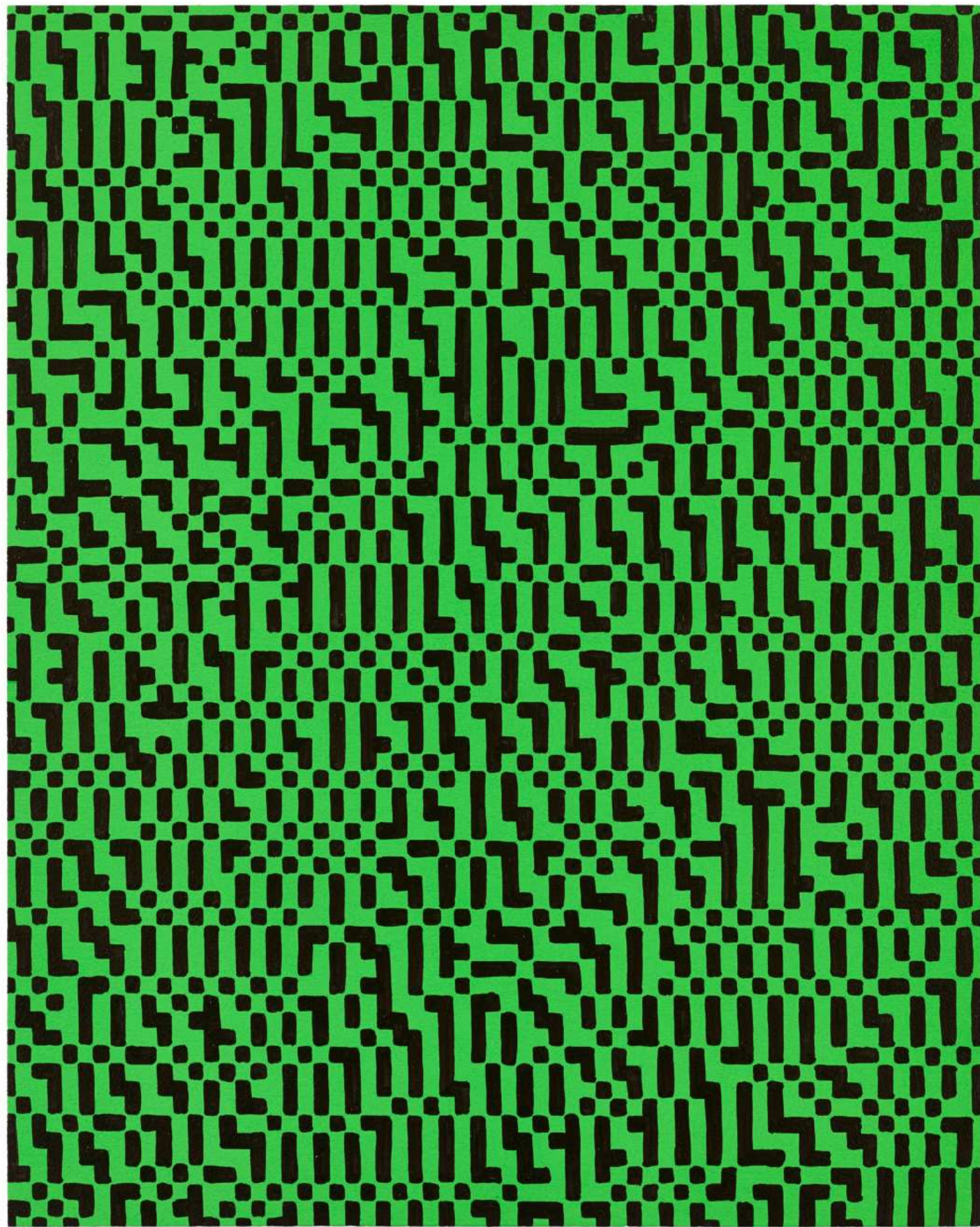


Installation view, Navid Nuur, Hocus Focus, Matadero Madrid, 2012

Navid Nuur, b. 1976 in Tehran, lives and works in The Hague. Education: 1999–2001 Homeschool vor de Gunsten (HKU), Utrecht; 2002–2003 Piet Zwar Institute, Rotterdam; 2002–2004 MA Plymouth University. Selected Awards: 2010 Volkskrant Prize Charlotte Kohlerprijs, 2011 Royal Award for Painting in Amsterdam, 2013 Discovery Prize Art Basel Hong Kong (together with Adrian Ghenie). His works can be found in significant collections including the Stedelijk Museum, Amsterdam; Centre Georges Pompidou, Musée National d’Art Moderne, Paris; Neuer Berliner Kunstverein, Berlin; Kunsthalle Zürich, Zurich; etc.

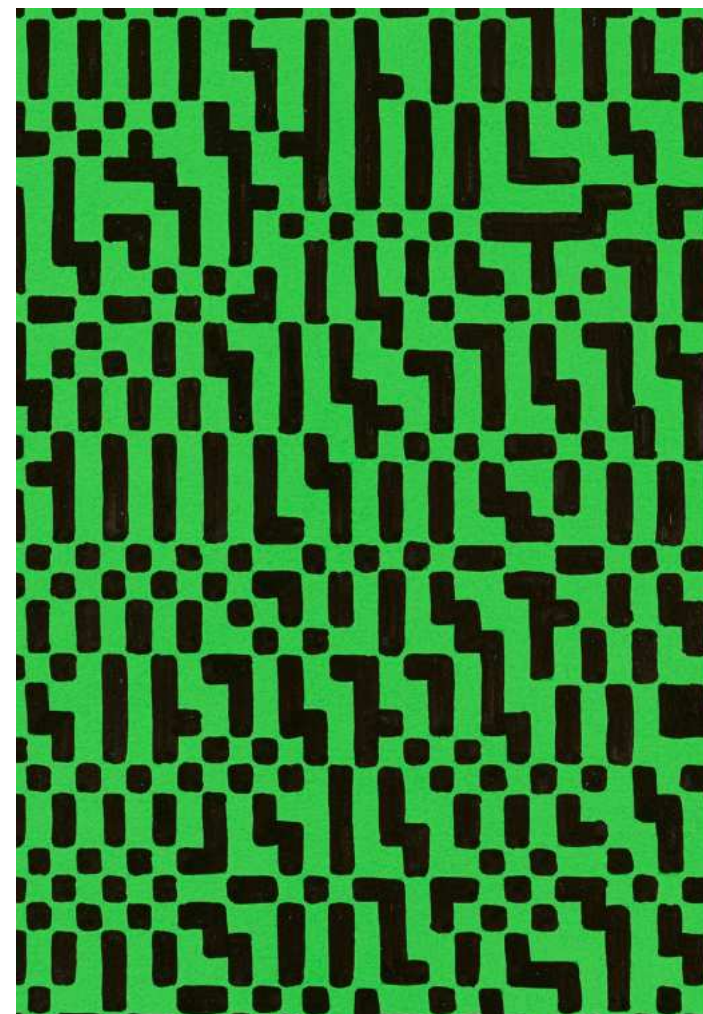
Selected solo exhibitions: 2025 soda, Kyoto, Japan; 2024 Oude Kerk, Amsterdam, Netherlands; 2023 soda, Kyoto, Japan; 2023 Jahn und Jahn, Lisbon, Portugal; 2023 Parliament Gallery, Paris, France; 2022 Galerie Max Hezler, Berlin, Germany; 2021 Galeria Plan B, Berlin, Germany; 2021 Galerie Max Hetzler, London, UK; 2020 Kunstmuseum Den Haag, The Hague, Netherlands; 2020 Museum Marta Herford for Art, Architecture and Design, Herford, Germany; 2020 Jahn und Jahn, Munich, Germany; 2019 NDSM-WERF, Amsterdam, Netherlands; 2019 Galerie Max Hetzler, Paris, France; 2019 Gallery Sofie Van de Velde, Antwerp, Belgium; 2018 Plan B, Berlin, Germany; 2017 Be-Part, Platform voor Actuele Kunst, Waregum, Belgium; 2017 Martin van Zomeren Gallery, Amsterdam, Netherlands; 2017 Galerie Max Hetzler, Berlin, Germany; 2016 Galerie Martin van Zomeren, Amsterdam, Netherlands; etc.





Navid Nuur, *Study 53-66 (The Eye-Codex of the Monochrome)*, 1980 – 2015  
 chroma key paint in green, retouche marker on wood panel  
 43 x 34.5 cm

(NNu/M 101)

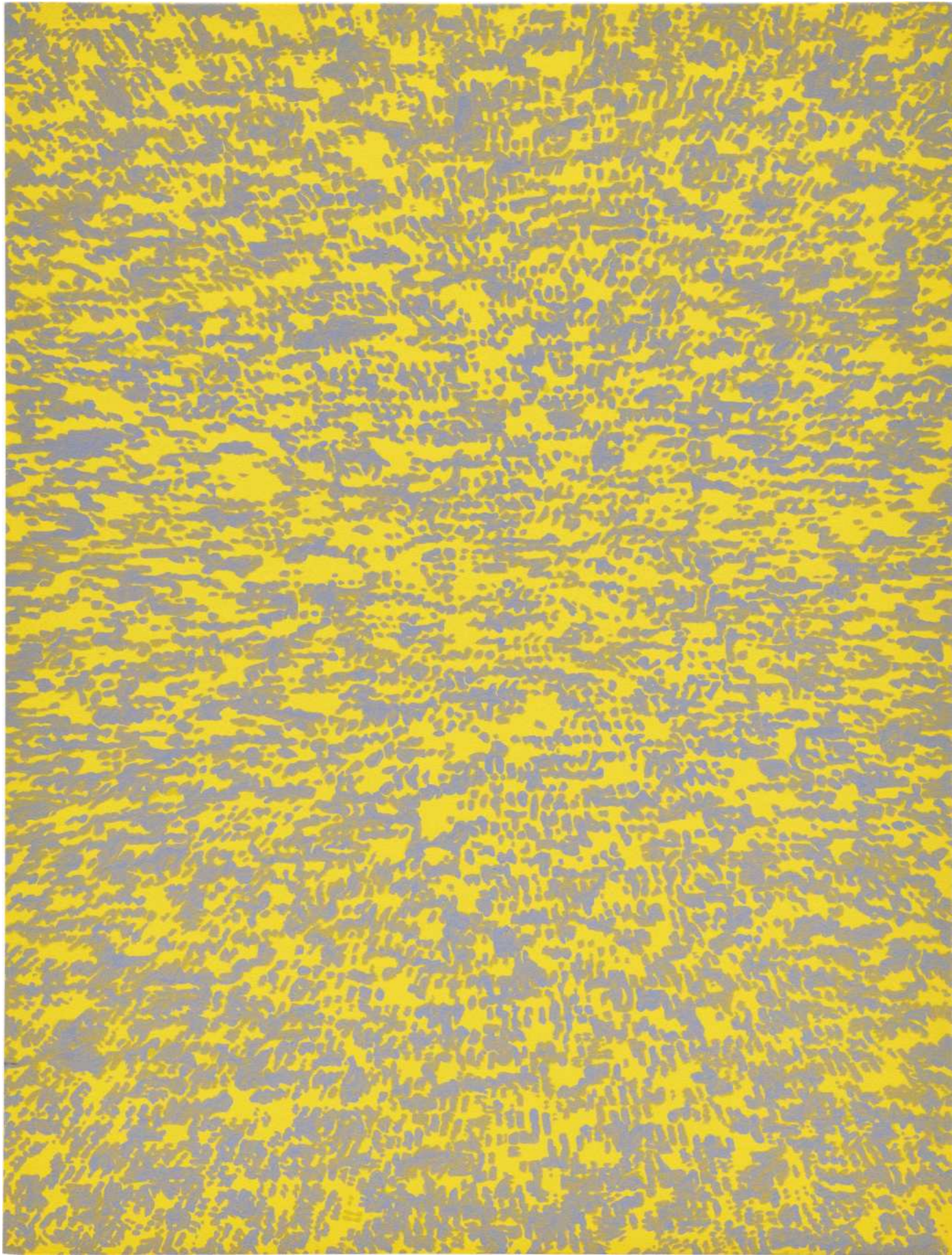


Navid Nuur, *Study 53-66 (The Eye-Codex of the Monochrome)*, 1980 – 2015  
 Details



(NNu/M 101)





Navid Nuur, *Study 152-61 (The Eye-Codex of the Monochrome)*, 1980 – 2025 (NNu/M 98)  
 Gesso in gray, road marking paint in yellow on wood panel  
 76.5 x 58.5 cm



Navid Nuur, *Study 152-61 (The Eye-Codex of the Monochrome)*, 1980 – 2025 (NNu/M 98)  
 Details

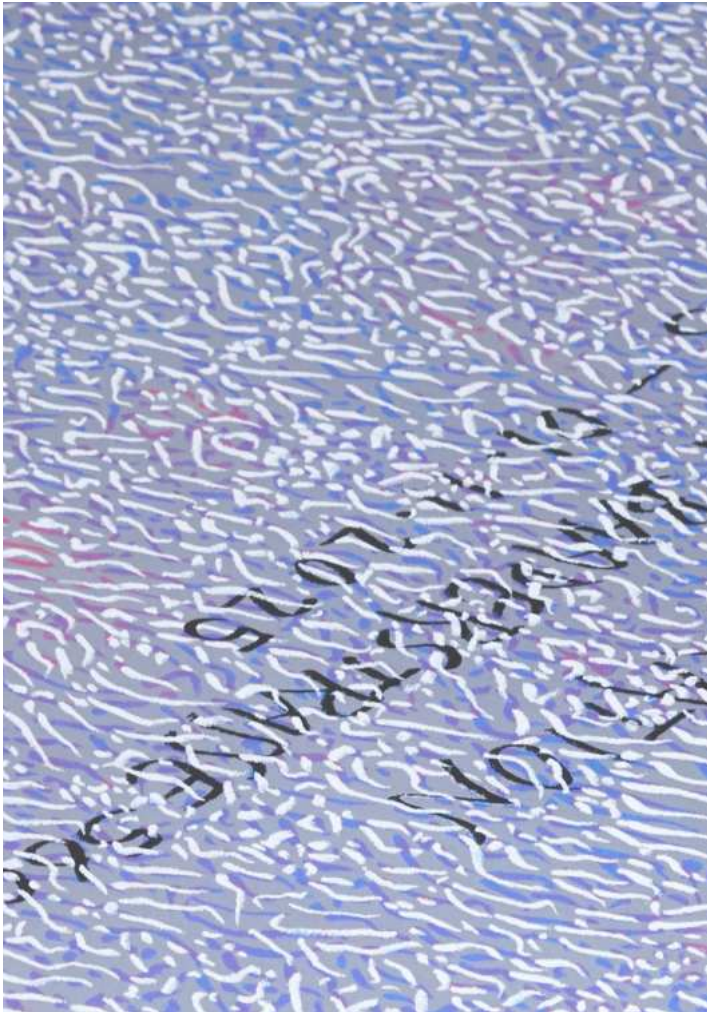






Navid Nuur, *Untitled*, 2025  
offset print, 170gr, A2

(NNU/E 8)

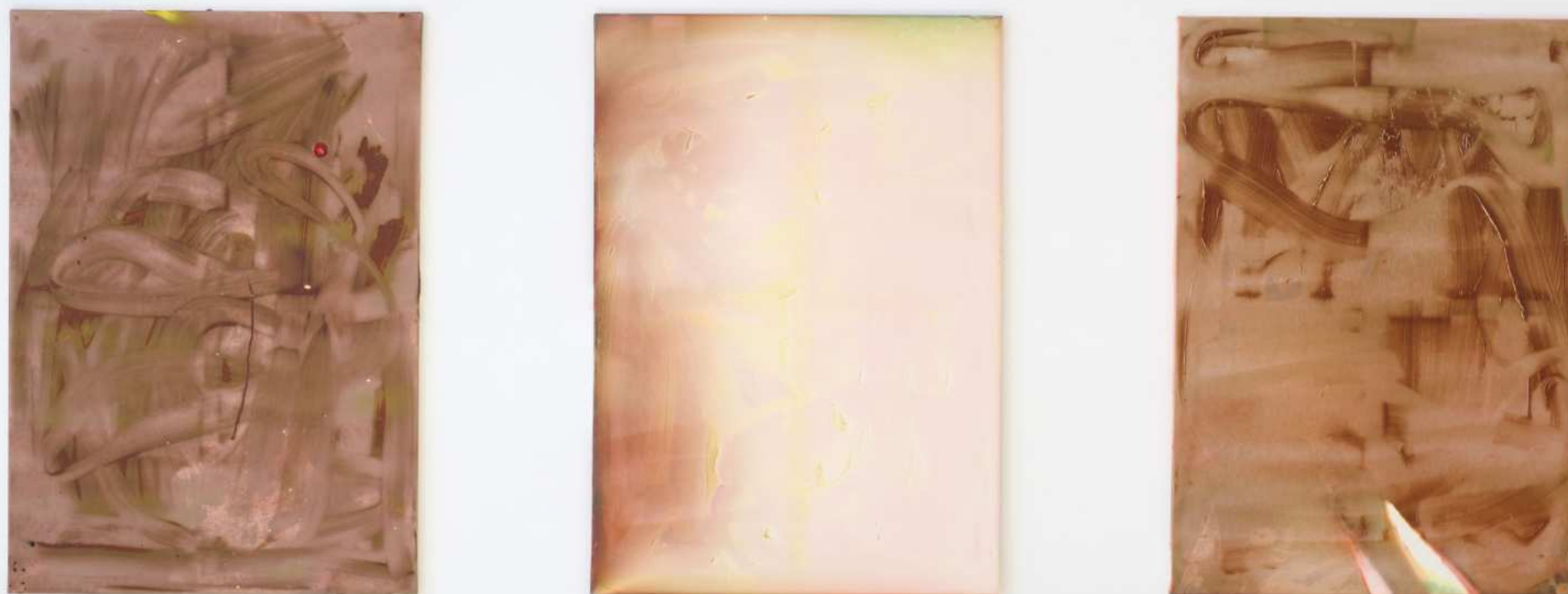


Navid Nuur, *Untitled*, 2025  
Details



(NNU/E 8)





Navid Nuur, *MINDFUL MURMURATION*, Jahn und Jahn, Munich 2025



Navid Nuur, *SMOKEBOMSMOKE*, 2012 – 2025  
 Gesso, colored smoke bomb on canvas  
 100 x 70 cm

(NNU/M 107)



Navid Nuur, *SMOKEBOMSMOKE*, 2012 – 2025  
 Details

(NNU/M 107)







Navid Nuur, *SMOKEBOMSMOKE*, 2012 – 2025  
Gesso, colored smoke bomb on canvas  
100 x 70 cm

(NNU/M 108)



Navid Nuur, *SMOKEBOMSMOKE*, 2012 – 2025  
Details



(NNU/M 108)





Navid Nuur, *SMOKEBOMSMOKE*, 2012 – 2025  
Gesso, colored smoke bomb on canvas  
100 x 70 cm

(NNU/M 109)



Navid Nuur, *SMOKEBOMSMOKE*, 2012 – 2025  
Details



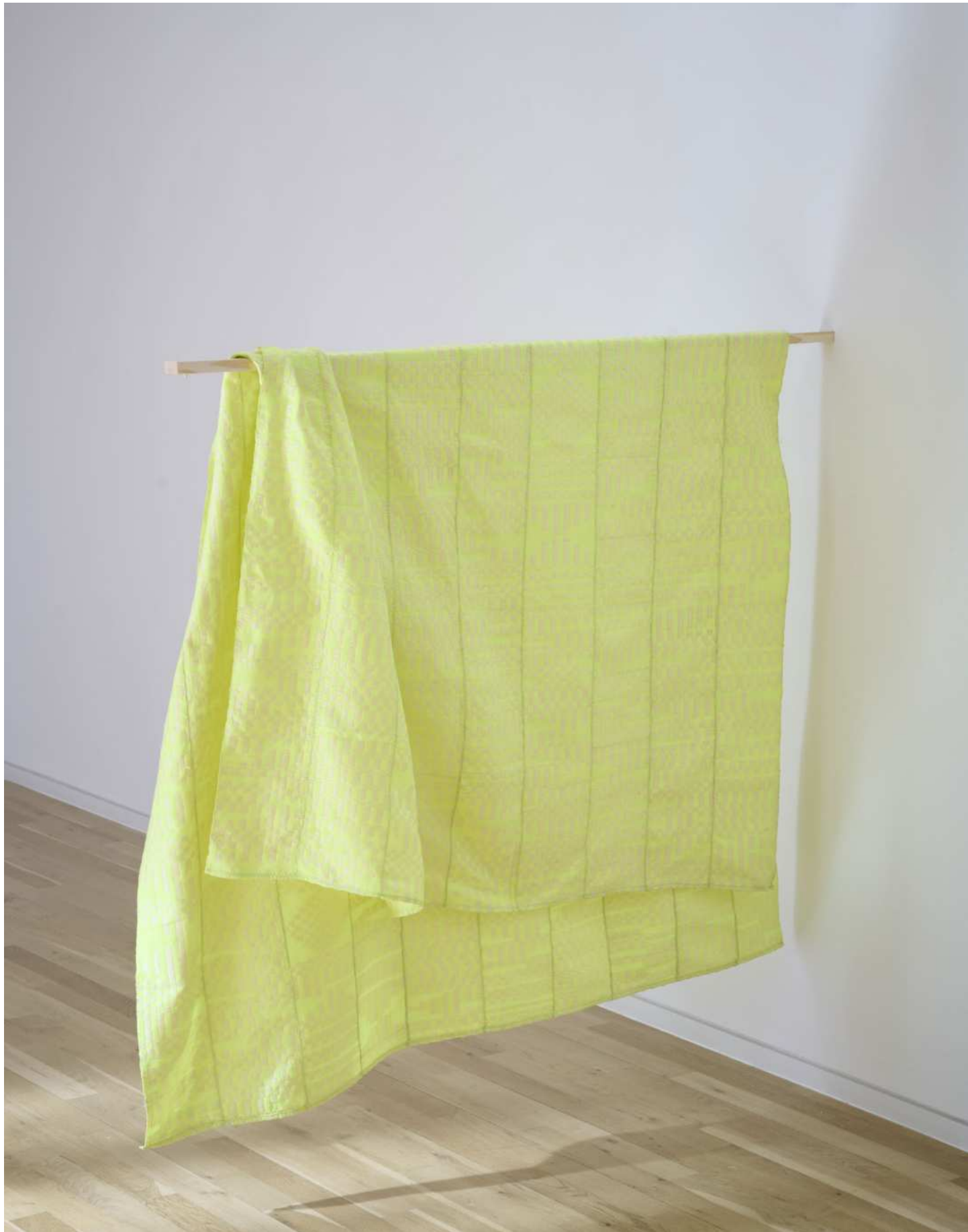
(NNU/M 109)





Navid Nuur, *MINDFUL MURMURATION*, Jahn und Jahn, Munich 2025





Navid Nuur, *Untitled (Ghana Carpet)*, 2012  
woven ghanese fabric  
127 x 203 cm

(NNU/M 105)



Navid Nuur, *Untitled (Ghana Carpet)*, 2012  
Details



(NNU/M 105)

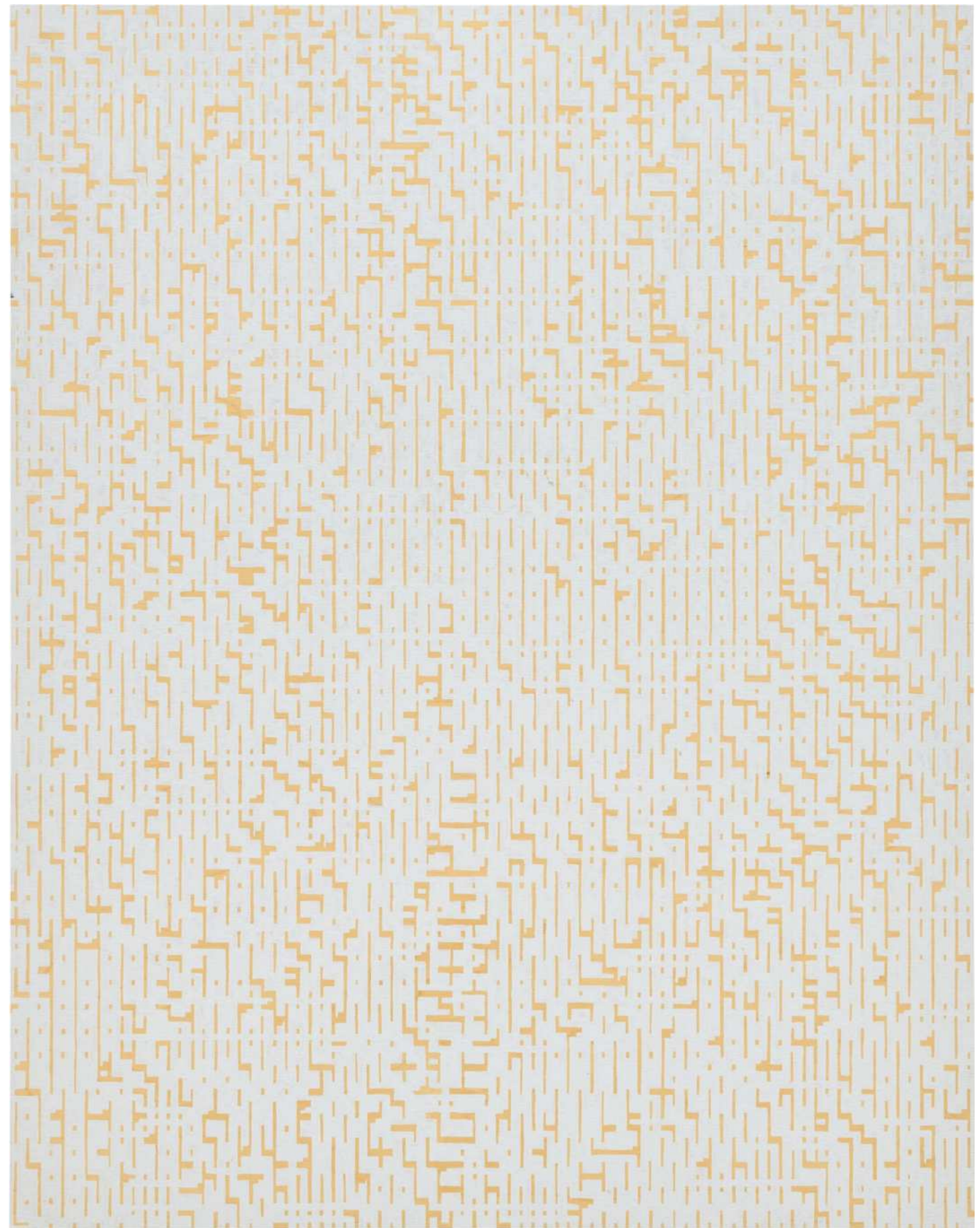
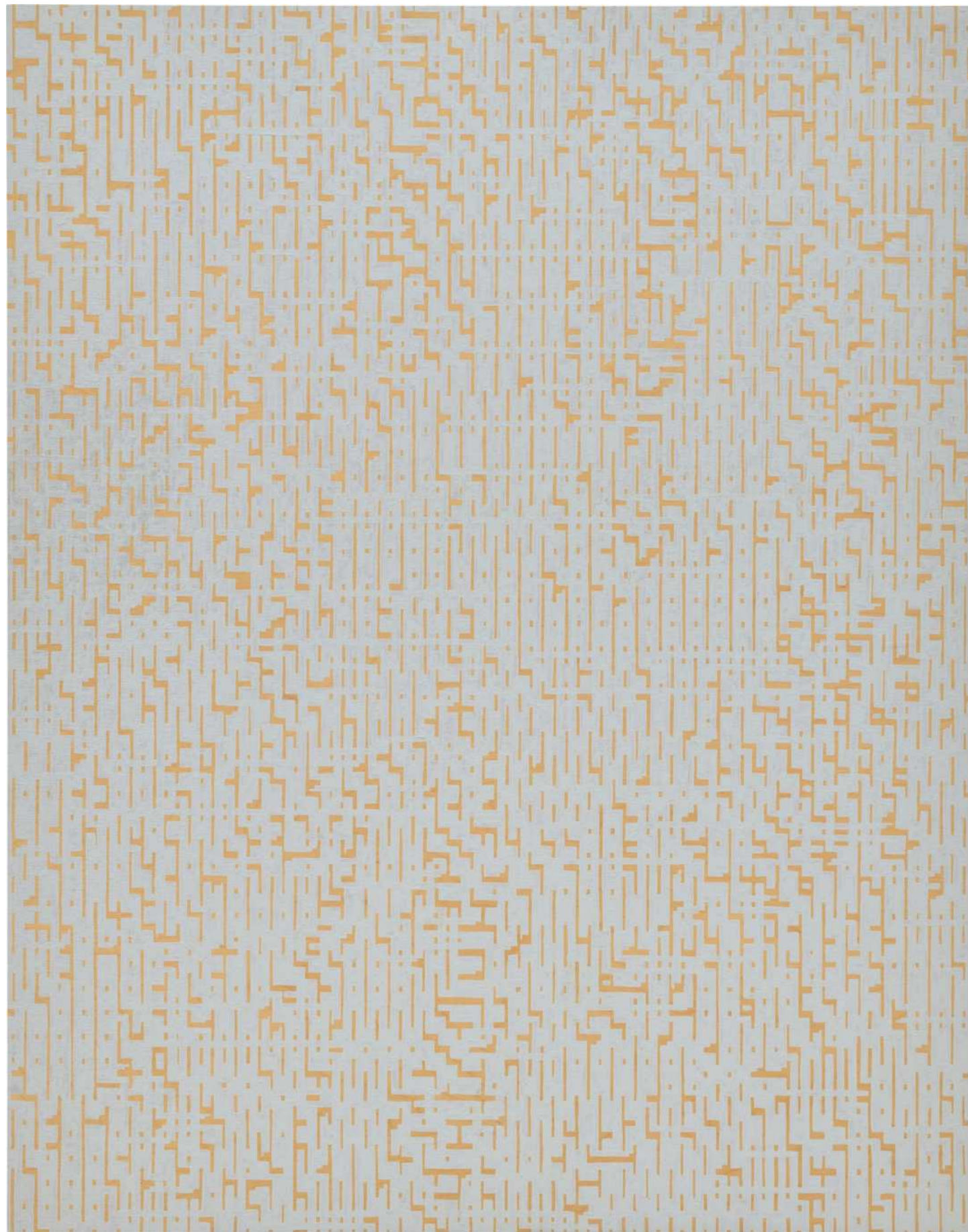




Navid Nuur, *Study 61 (The Eye-Codex of the Monochrome)*, 1980 – 2013  
Gesso in gray on wood panel, diptych  
100 x 80 cm each

(NNU/M 103)





Navid Nuur, *Study 61 (The Eye-Codex of the Monochrome)*, 1980 – 2013  
left side/right side

(NNU/M 103)





Navid Nuur, *MINDFUL MURMURATION*, Jahn und Jahn, Munich 2025

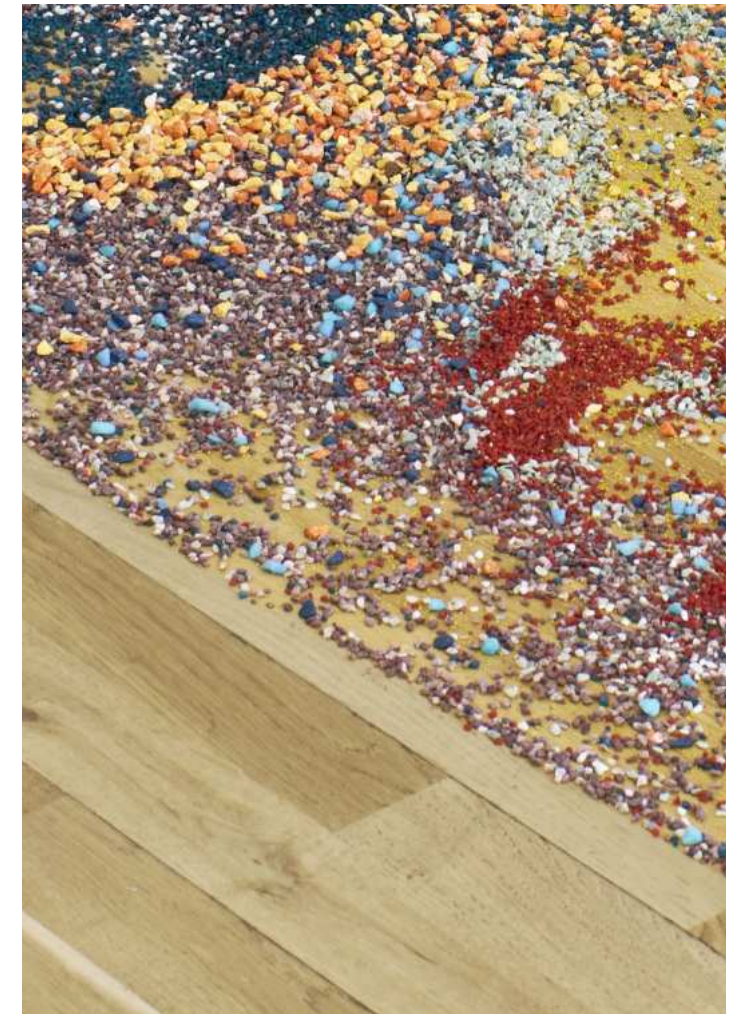




Navid Nuur, *Elipsss*, 2012–2025  
colored stones  
463 x 139 cm (oval)

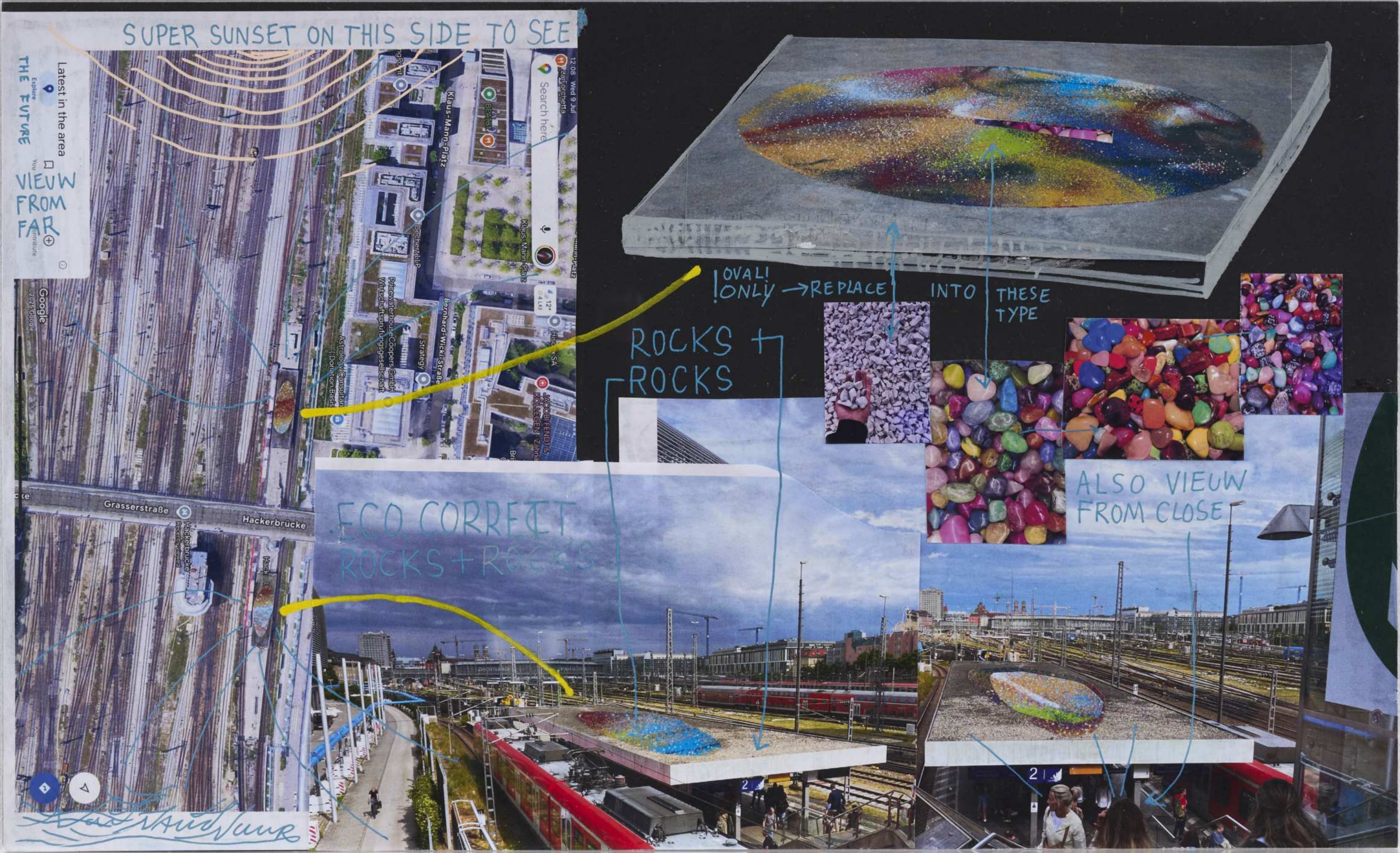
(NNU/I 10)





Navid Nuur, *Elipsss*, 2012–2025  
Details





Navid Nuur, *The Munich Method (proposal II)*, 2023–2025  
mixed media, wood, Plexiglas  
31 x 51 cm

(NNU/P 29)





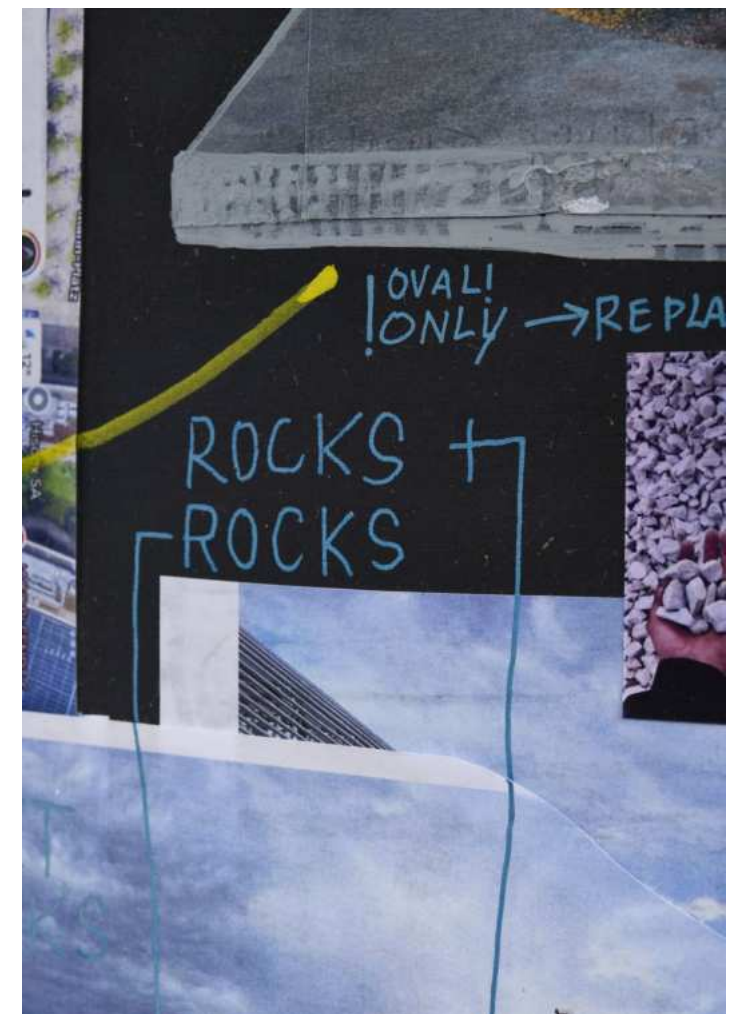
Navid Nuur, *The Munich Method (proposal II)*, 2023–2025  
Installation view

(NNU/P 29)



Navid Nuur, *The Munich Method (proposal II)*, 2023–2025  
Details

(NNU/P 29)







Navid Nuur, *Untitled (Please free also this colour from Pantone prison)*, 2014 – 2025 (NNU/P 20)  
Installation view



Navid Nuur, *Untitled (Please free also this colour from Pantone prison)*, 2014 – 2025 (NNU/P 20)  
Details





Navid Nuur, *Untitled (Please free also this colour from Pantone prison)*, 2014 – 2025 (NNU/P 20-28)  
Pantone pencil on paper, Pantone pencil  
40 x 31.5 cm each





Navid Nuur, *MINDFUL MURMURATION*, Jahn und Jahn, Munich 2025





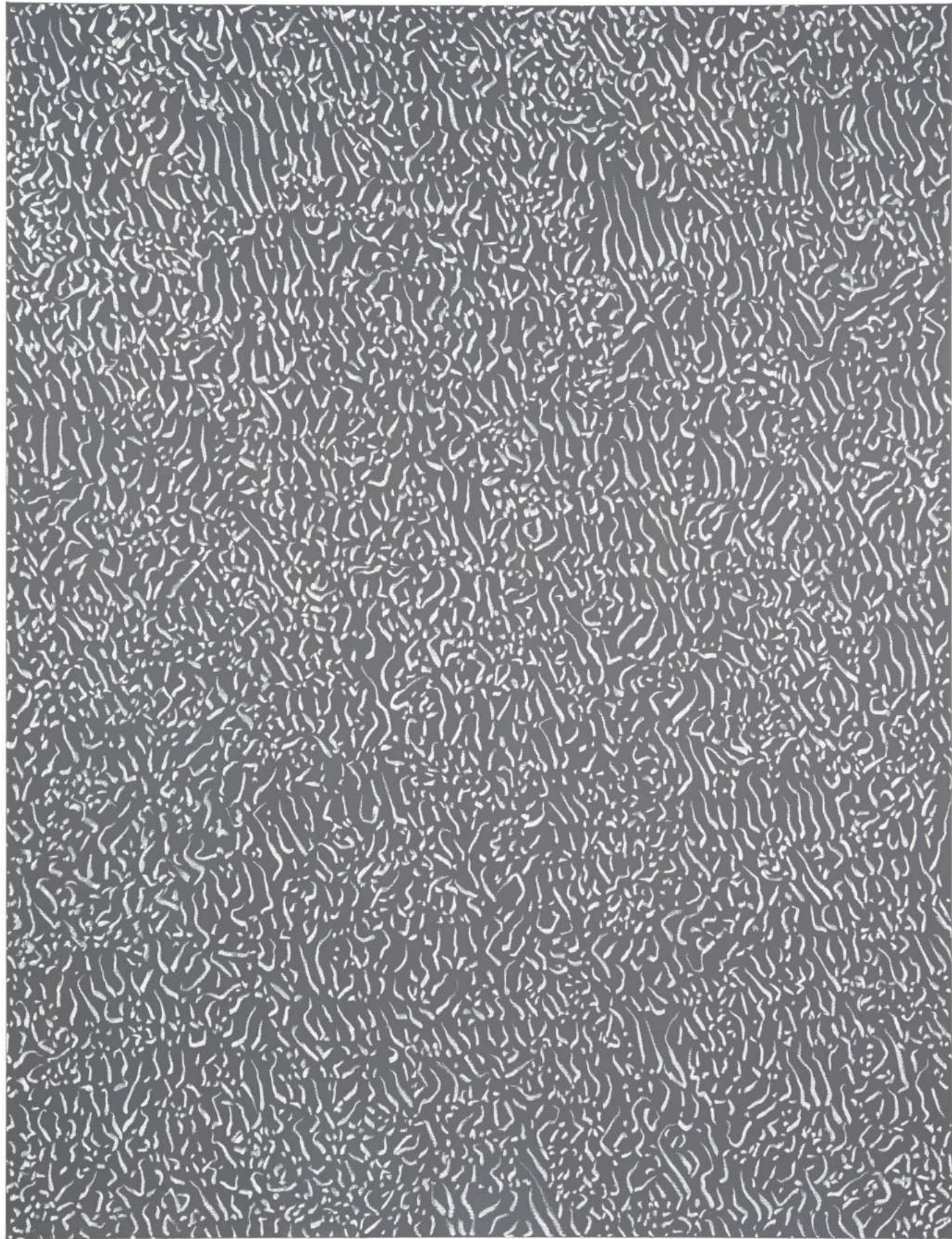
Navid Nuur, *Study 53-7 (The Eye-Codex of the Monochrome)*, 1980 – 2016 (NNU/M 99)  
 universal primer and chroma key paint on canvas  
 150 x 117 cm



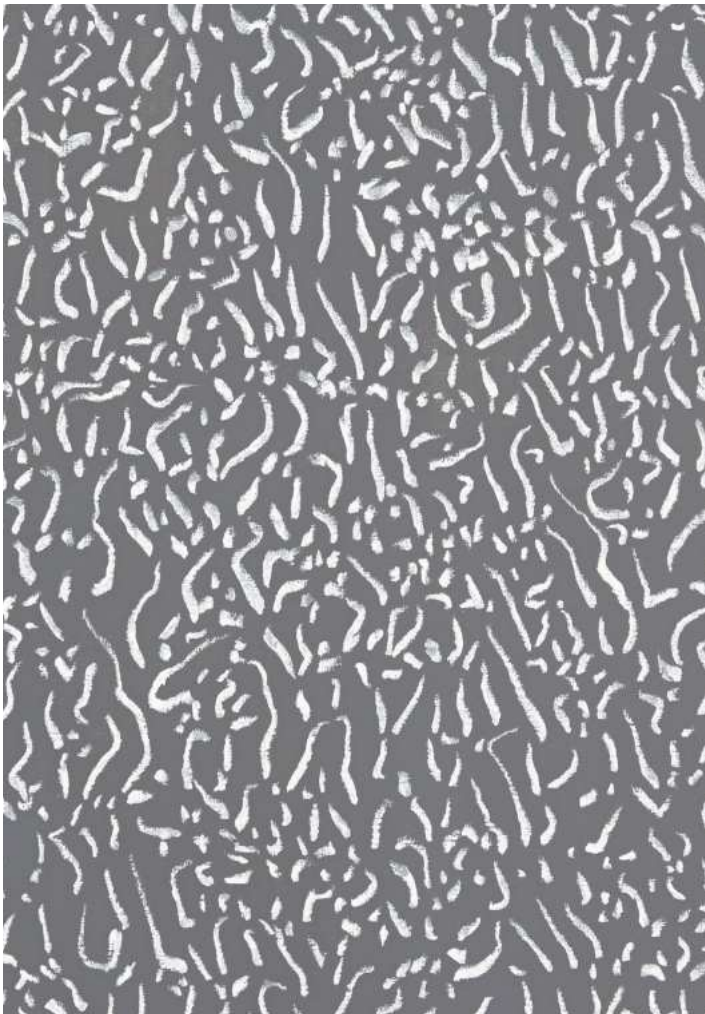
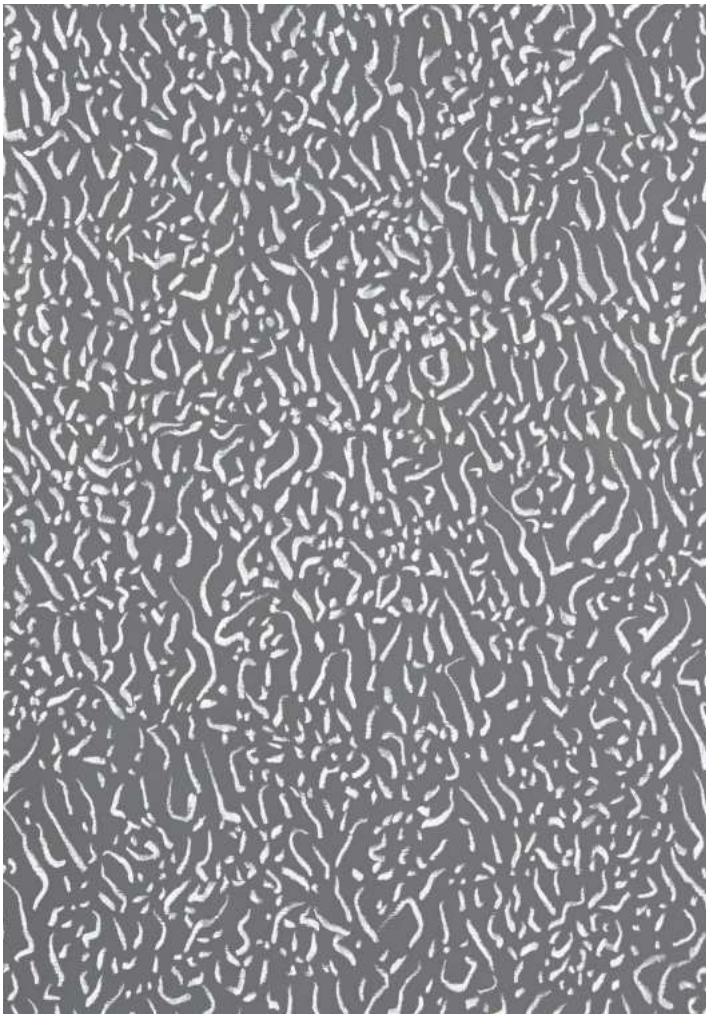
Navid Nuur, *Study 53-7 (The Eye-Codex of the Monochrome)*, 1980 – 2016 (NNU/M 99)  
 Details







Navid Nuur, *Study 61-161 (The Eye-Codex of the Monochrome)*, 1980 – 2020 (NNU/M 100)  
 prepared linen canvas, Gesso, solid marker  
 160 x 123 cm

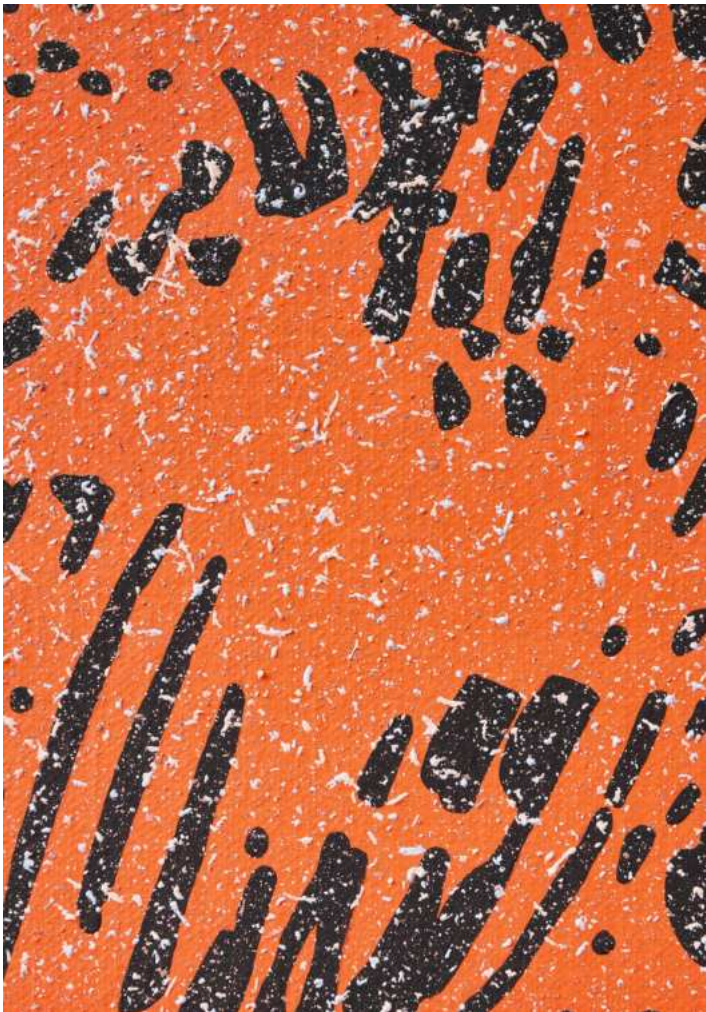


Navid Nuur, *Study 61-161 (The Eye-Codex of the Monochrome)*, 1980 – 2020 (NNU/M 100)  
 Details



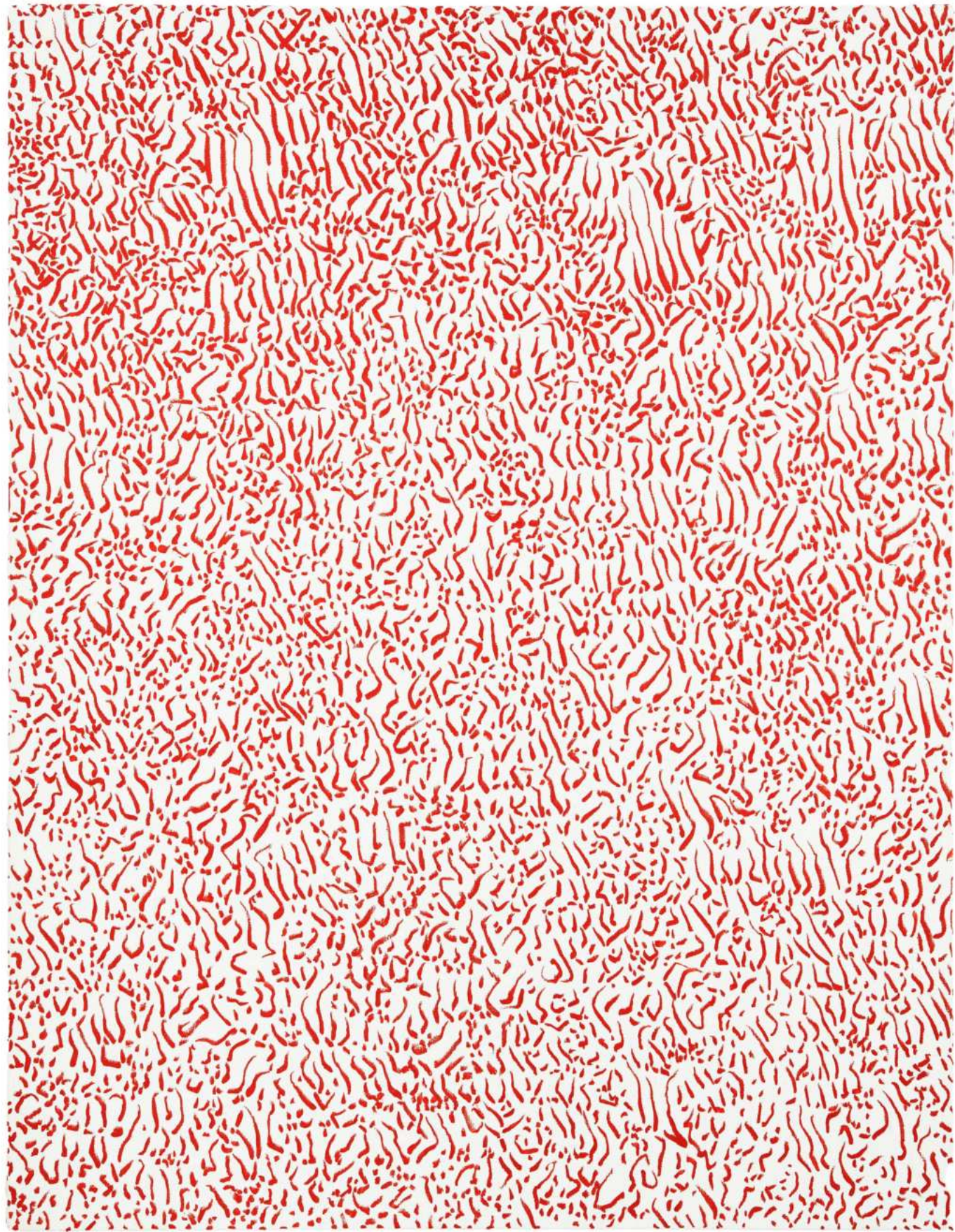


Navid Nuur, *Study 36-62-102 (The Eye-Codex of the Monochrome)*, 1980 – 2016 (NNU/M 97)  
 Gesso in black, anti rust primer and granite effect spray on canvas  
 150 x 117 cm

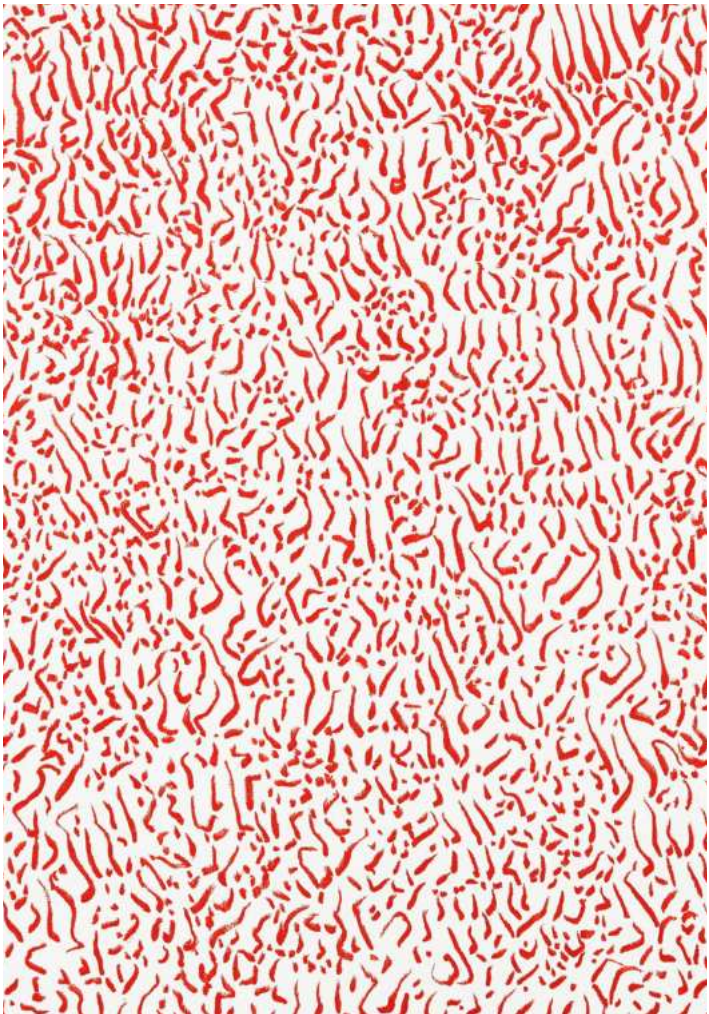


Navid Nuur, *Study 36-62-102 (The Eye-Codex of the Monochrome)*, 1980 – 2016 (NNU/M 97)  
 Details

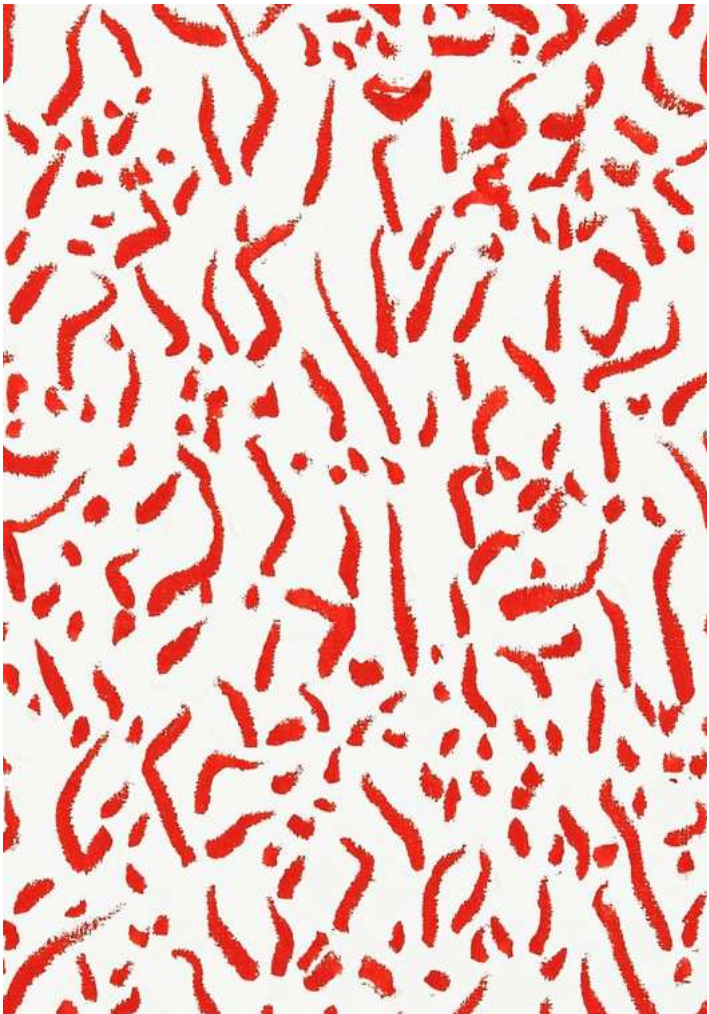




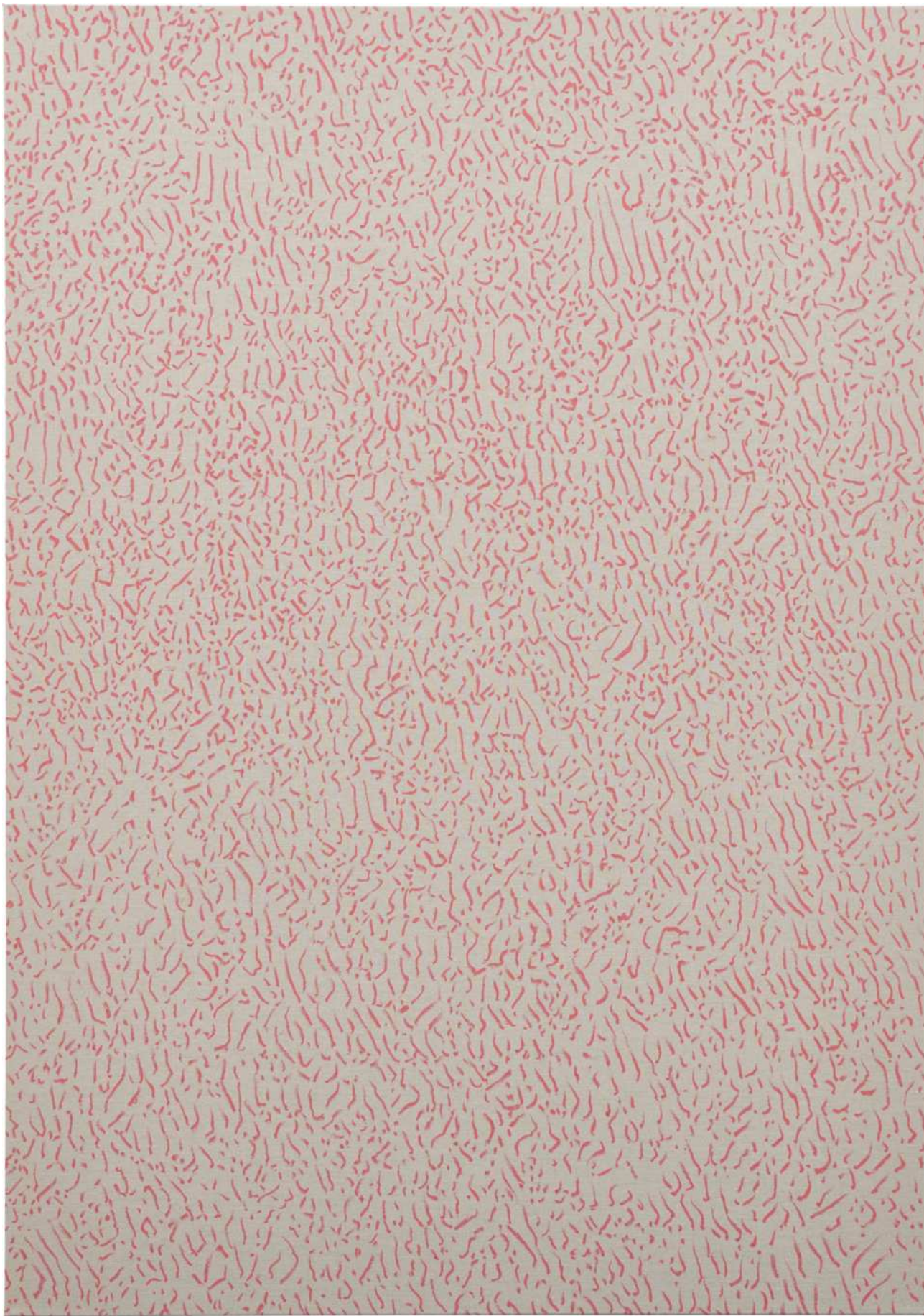
Navid Nuur, *Study 161-160-161 (The Eye-Codex of the Monochrome)*, 1980 – 2025 (NNU/M 102)  
 prepared linen canvas, Gesso, solid marker  
 150 x 117 cm



Navid Nuur, *Study 161-160-161 (The Eye-Codex of the Monochrome)*, 1980 – 2025 (NNU/M 102)  
 Details







Navid Nuur, *Study 160 (The Eye-Codex of the Monochrome)*, 1980 – 2018 (NNu/M 106)  
 prepared linen canvas, solid marker  
 200 x 140 x 2.5 cm



Navid Nuur, *Study 160 (The Eye-Codex of the Monochrome)*, 1980 – 2018 (NNu/M 106)  
 Details



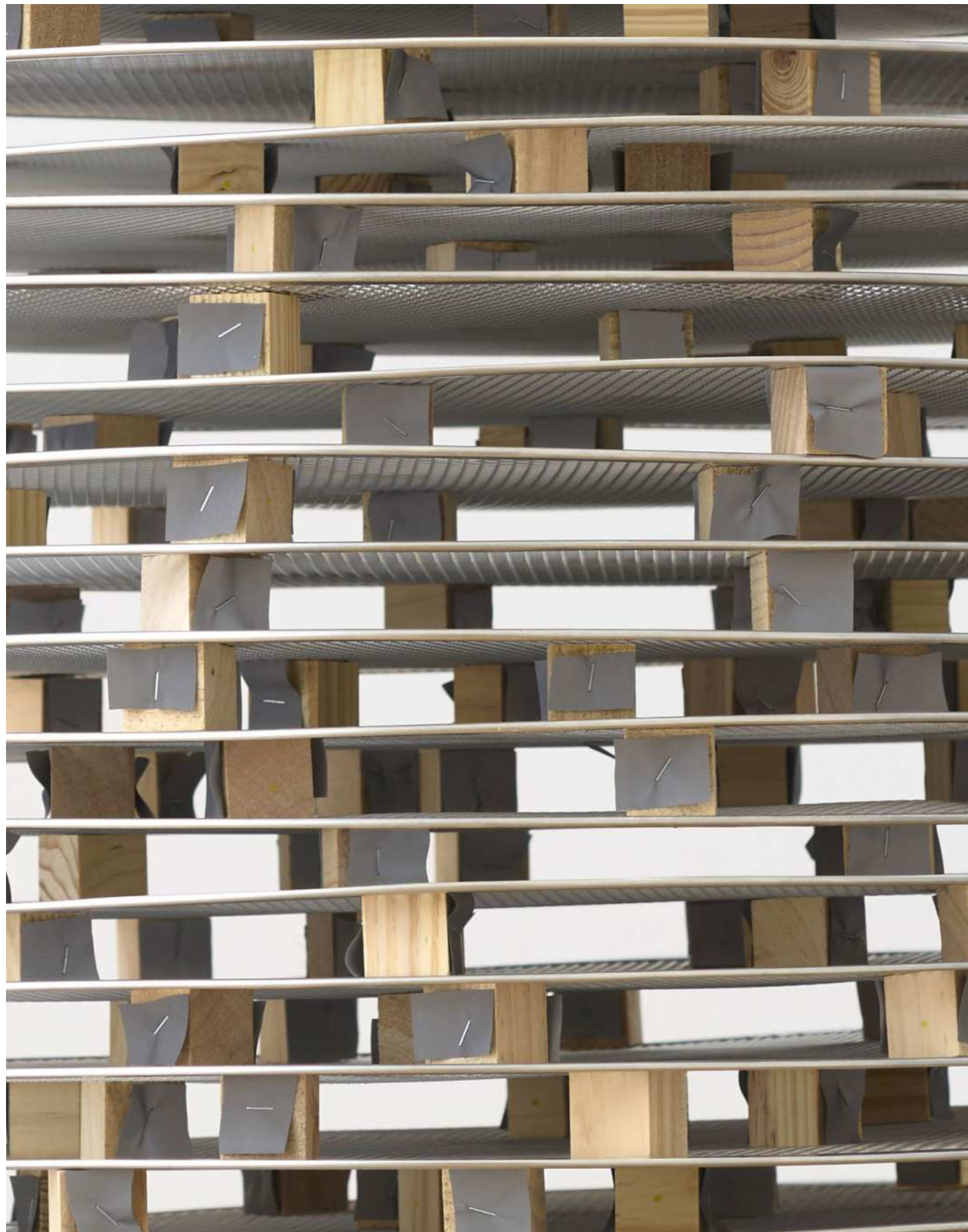




Navid Nuur, *Untitled*, 2018 – 2025  
stainless steel, wood, reflective fabric, rotator  
156 x 61 cm

(NNu/I 9)

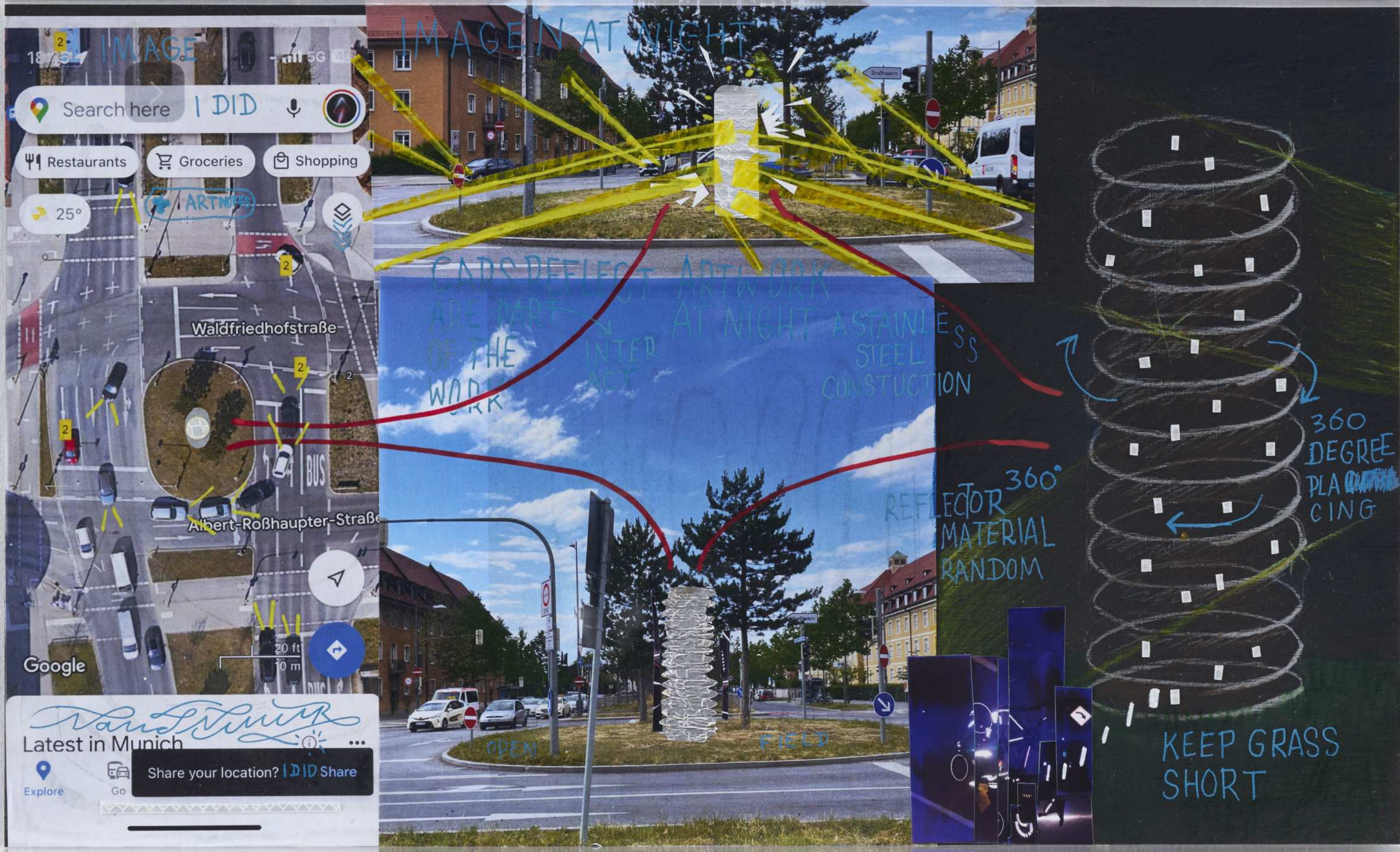




Navid Nuur, *Untitled*, 2018 – 2025  
Detail

(NNu/I 9)





Navid Nuur, *The Munich Method (proposal III)*, 2023–2025  
 mixed media, wood, Plexiglas  
 31 x 51 cm

(NNU/P 30)





Navid Nuur, *The Munich Method (proposal III)*, 2023–2025  
Installation view

(NNU/P 29)

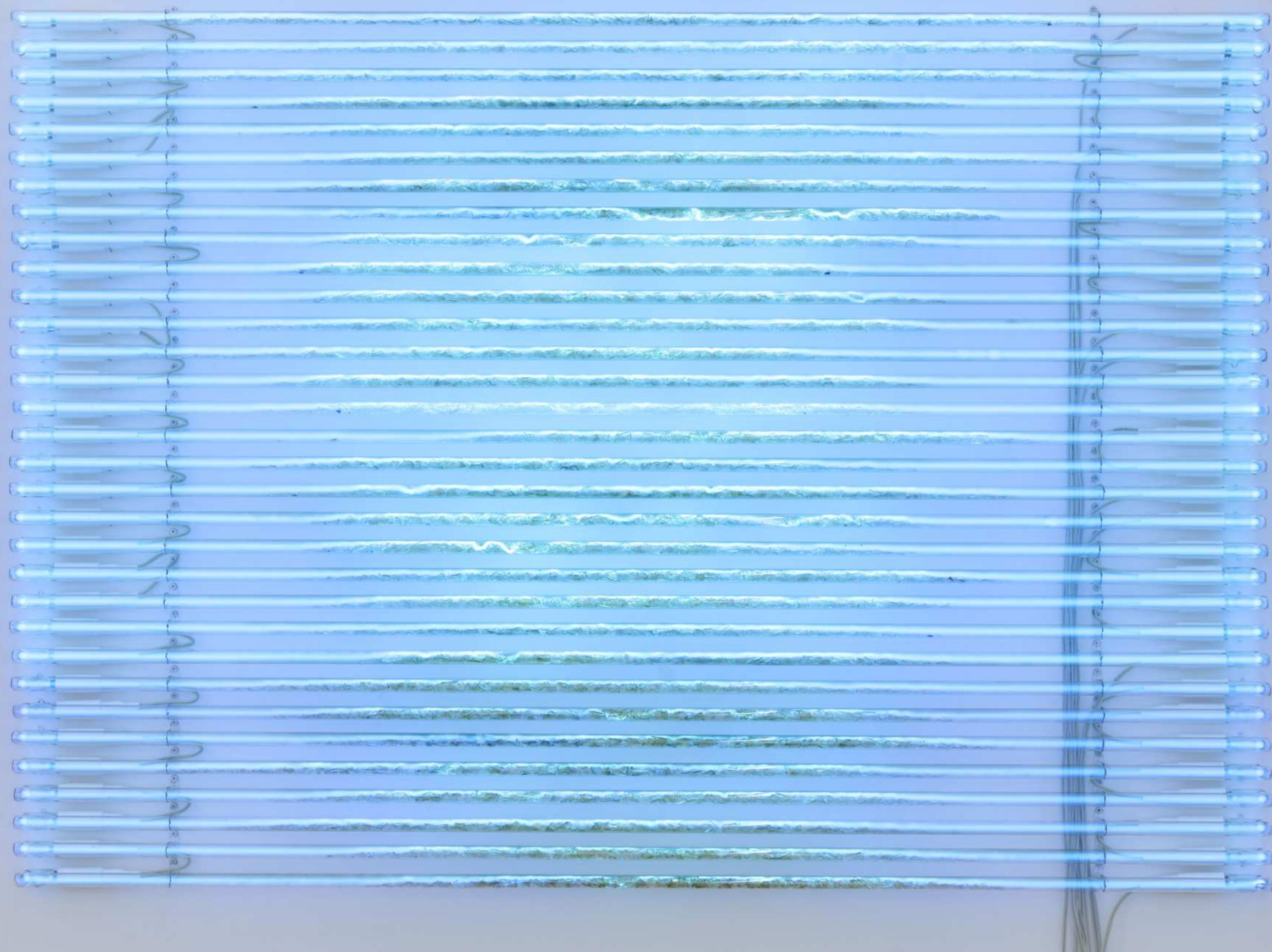


Navid Nuur, *The Munich Method (proposal III)*, 2023–2025  
Details



(NNU/P 29)





Navid Nuur, *Broken Square (blue version, 162x162x6 cm)*, 2023–2025  
glass, broken glass, argon gas, Ed. 3+2AP  
114 x 162 x 6 cm

(NNU/E 7)





Navid Nuur, *Broken Square (blue version, 162x162x6 cm)*, 2023–2025  
Installation view

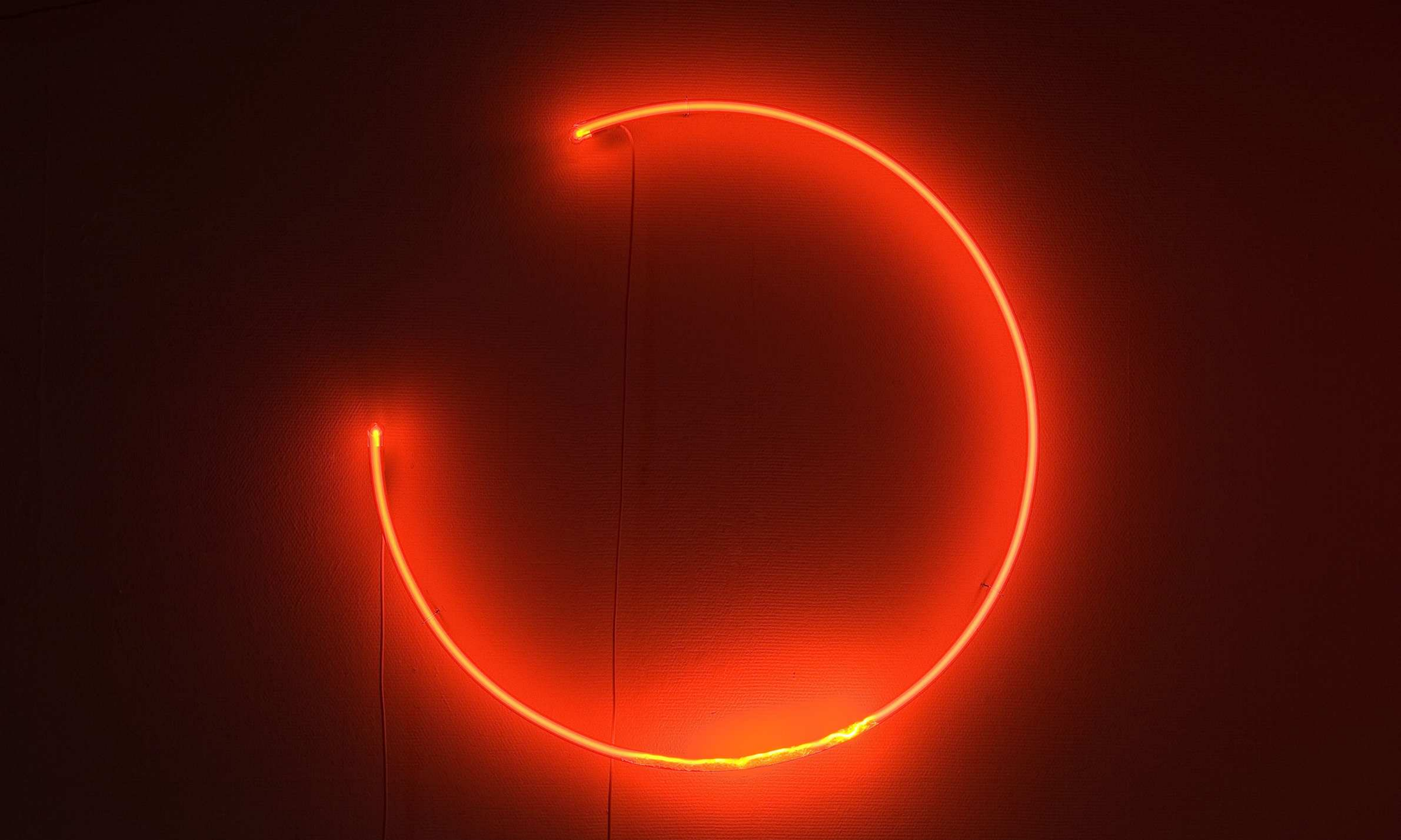
(NNU/E 7)



Navid Nuur, *Broken Square (blue version, 162x162x6 cm)*, 2023–2025  
Details

(NNU/E 7)

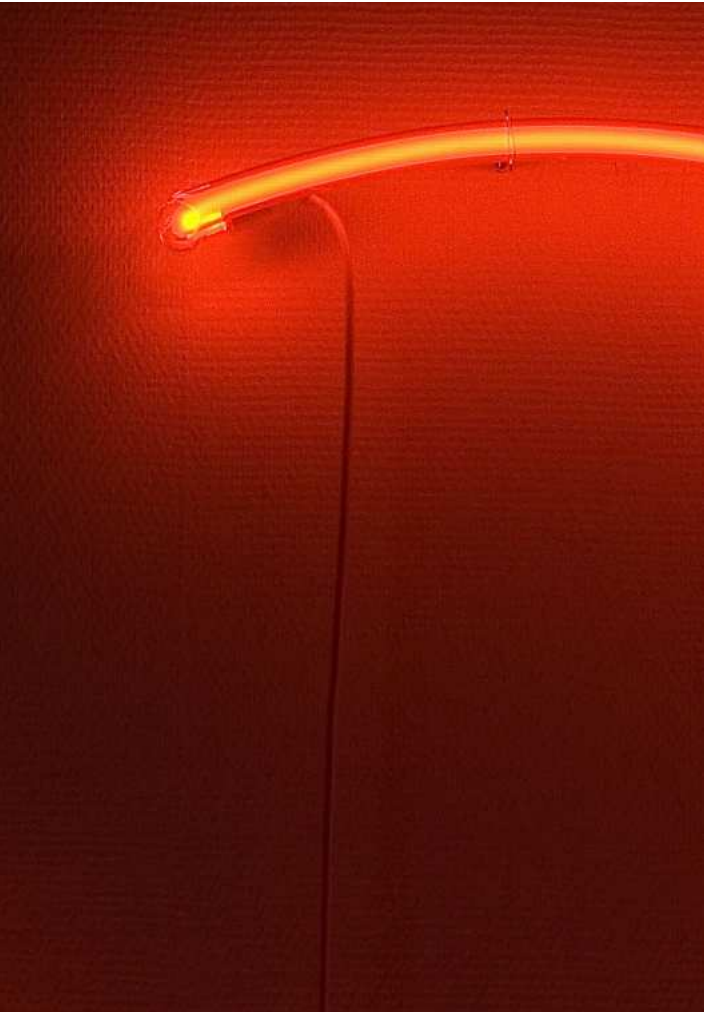




Navid Nuur, *Broken Circle*, 2011  
glass, broken glass, argon gas  
diameter 120 cm, 4of5 and 5of5 available

(NNU/S 127)





Navid Nuur, *Broken Circle*, 2011  
Details